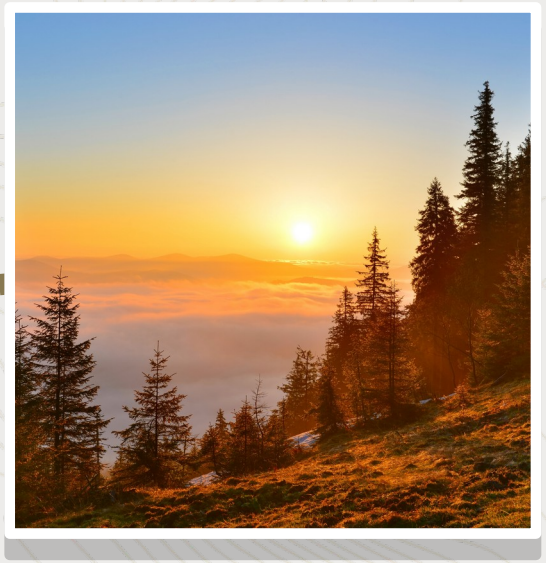
# HIKING TRIP PLAN

May 2025

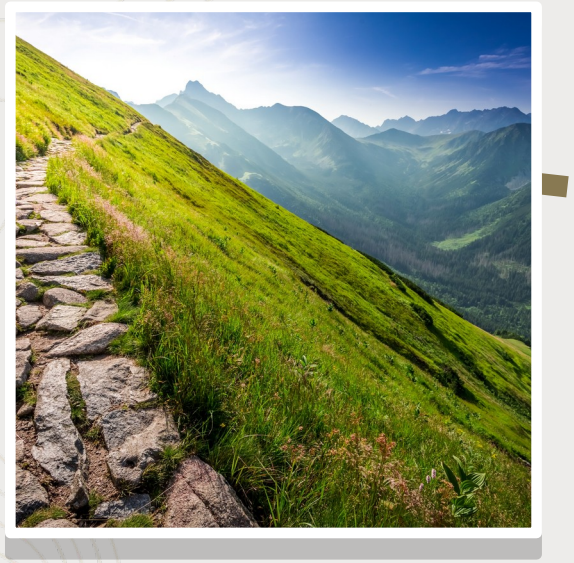
Northwest Region

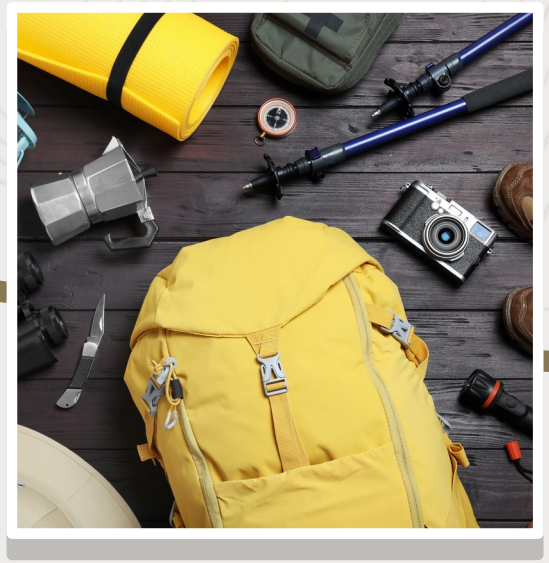
# AGENDA



Trip Overview

Daily Schedule





Packing List

# TRIP OVERVIEW

- 3-day hike in the mountains
- Group of 6 people
- Moderate trail difficulty

# DAILY SCHEDULE

**DAY 1**
Arrival and short hike

**DAY 2**
Full-day mountain hike

**DAY 3**
Return and rest

# PACKING LIST

## Hydration Systems

Hydration systems are essential for hikers to stay hydrated on the trails. Choose systems that are lightweight and easy to use.

## Sturdy Footwear

Sturdy footwear is crucial for comfort and safety on hikes. Invest in good hiking boots or shoes that offer support and traction.

## Weather-Appropriate Clothing

Weather-appropriate clothing helps hikers stay comfortable and protected from the elements. Layering is key for varying conditions.

## Camping Gear

Camping gear is vital for overnight hikes. This includes tents, sleeping bags, and cooking supplies to ensure a safe camping experience.